

SWIM WIRRAL CLOSED S.C. MEET

A.S.A. LICENSED LEVEL 4

License No. 4NW0116



Saturday 3rd April 2010

Held Under A.S.A. Laws and A.S.A. Technical Rules



This is a first come 1st served meet

MEET ENTRIES / ENQUIRIES TO :

Mr B.S.Coppack. 8 The Leightons, Nelson CH64 6QD Tel. No. 0151 336 7421

wirralmetro@hotmail.com

Events to be swum in mixed integrated age groups with seeding by submitted times

The one start rule will apply.

Over the top starting when ever possible.

All Events are heat declared winner.

All events are age as last day of the National Age Groups Championships 2010

This is a Cardless meet ALL withdrawals no later than 30 min's **before the start of the WARM-UP**

To the SESSION you wish to be removed from by Form or Phone PLEASE

NO ENTRIES ON THE DAY

SATURDAY 03/04/10.	
WARM-UP 7.30 a.m. START 8.00 a.m.	
EVENT No	EVENT
1	Mixed 8 & Over 1500 Free.
2	Mixed 8 & Over 400 Free.
3	Mixed 8 & Over 800 Free.
4	Mixed 8 & Over 200 I.M.
5	Mixed 8 & Over 400 I.M.

The results from this meet will be shown on the ASA Rankings

It is expected that only the youngest swimmers from Age Group Development will enter the 400Fs & 200 IM

This is a L4 Closed Licensed Meet the times attained will be eligible for entry into the Country Championships 2011

should you swim fast enough.

DISABILITY SWIMMERS WELCOME

THIS MEET IS DESIGNED FOR THE NOVICE SWIMMER in preparation for future meets.

Swimmers should have the ASA Competitive Start Award and be capable of doing the strokes and distances selected along with legal turns

Swimmers can enter two events only. They will enter one freestyle event out of category one plus one Individual Medley event out of category two as discussed with their coach.

Total cost of entry is £7.50

Cheques only to be made payable to Wirral Metro SC

Swimmers without the ASA Competitive Start Award will be required to inform the referee and start in the water.

Closing date Sunday 14th March 2010

Late entries may be accepted at the promoters discretion no entries on the day



SWIM WIRRAL Closed S.C. MEET

Saturday 3rd April 2010



Europa Pools
Conway Street Birkenhead
CH41 6RN



A.S.A. LICENSED LEVEL 4 SHORT COURSE

LICENCE No 4NW0166

Held under A.S.A. Laws and A.S.A. Technical Rules.
All times submitted must be **25m short course**.

MEET ENTRIES / ENQUIRIES TO :

Mr B.S.Coppack. 8 The Leightons, Neston CH64 6QD Tel. No. 0151 336 7421

wirralmetro@hotmail.com

FACILITIES:

Europa pool is a fast constant depth 6 lane deck level pool, using anti-wave lane ropes.
Plus Omega electronic timing with display.
WIRRAL METRO S.C.

PROMOTER:

EVENTS:

400/800/1500 Freestyle.

200/400 Individual Medley.

All swimmers must have achieved the ASA Competitive start award.

Age is at the last day of the National Age Group Championships 2010 (26/07/2010)

Successful entries will be confirmed by post and/or e-mail.

ENTRY FEE:

£7.50

THE COMPETITION:

This is a CARD LESS meet. ALL withdrawals should be carried out using the form provided or the phone in service at least 30 min's before the start of each warm up. It is the swimmers responsibility to report to the competitors steward when their event is called. All events will be swum in mixed integrated age groups with seeding by submitted time. All events are HEAT DECLARED WINNER. (H.D.W.)

The meet will run under the ONE START RULE, using over the top starts when ever possible.

Times and places shown on the electronic score board are for information only, and not necessarily the official result.

THE REFEREE'S DECISION IS FINAL

HEALTH & SAFETY

All swimmers and other personnel must abide by the Health & Safety rules laid down by the venue Management. Team-Managers and Parents shall be responsible for their swimmers conduct at all times. Any person contravening these rules may be excluded from taking part in our meet. Any person wishing to engage in photography or video use must register their details at the spectator entry desk. The photography pass is not transferable and must be worn at all times.

Swimmers must be supervised during warm-up's.
Swimmers without the ASA Competitive Start Award will be required to start in the water.

Closing date Sunday 14th March 2010

NO ENTRIES ON THE DAY

Any points not covered will be at the discretion of the meet director



SWIM WIRRAL CLOSED S.C. MEET



A.S.A. LICENSED LEVEL 4.

License No 4NW 0116



Saturday 3rd April 2010

Held Under ASA Laws & ASA Technical Rules

MEET ENTRIES / ENQUIRIES TO:

Mr B.S.Coppack. 8 The Leightons, Neston CH64 6QD Tel. No. 0151 336 7421

wirralmetro@hotmail.com

INDIVIDUAL ENTRY FORM

Please print clearly

FULL NAME

FEMALE / MALE **DATE OF BIRTH** **AGE ON 26/07/2010** **YRS**

CLUB

A.S.A. REGISTRATION I.D/No **DISABILITY CLASSIFICATION(s)**

	AGE	EVENT	Entry
Category One	8+	Mixed 1500 Free	√
	8+	Mixed 400 Free	
	8+	Mixed 800 Free	
Category Two	8+	Mixed 200 I.M	
	8+	Mixed 400 I.M	

You may enter two events only.
i.e. one from each category.

Entries £7.50 by Cheque to Wirral Metro SC

I am confident that the above swimmer is capable of achieving the distances entered and has the ASA Competitive Start Award.

Signed Coach / Parent

e-mail address Please print

ENTRY FORMS NOT FILLED OUT CLEARLY, CORRECTLY AND ACCOMPANIED WITH A CHEQUE FOR THE FULL AMOUNT WILL NOT BE ACCEPTED.

Closing date Sunday 14th March 2010-02-22

**Late entries may be accepted at the promoters discretion no entries on the day
DISABILITY SWIMMERS WELCOME**

